



SOPHIA LINDOP

www.sophialindop.com



ABUNDANCE
LUXURY GUESTHOUSE

WEEKEND DETAILED ITINERARY

Friday

- | | |
|--------------|--|
| 15h00 -17h30 | Arrival of guests |
| 18h00 | Welcome followed with Montagu town tour on foot with Marchelle |
| 19h30 | Lebanese art film including drinks and Lebanese delicacies at the charming historic KVV building |

Saturday

- | | |
|--------------|---|
| 08h00 | Breakfast at In Abundance |
| 09h30 -12h00 | Visit the local farmer's market & shops |
| 12h30 -14h30 | Mezze demonstration followed by lunch at In Abundance |
| 14h30-16h30 | Leisure Time |
| 16h30 -20h30 | Hands-on cookery class & leisurely dinner with Sophia including local wines |

Sunday

- | | |
|--------------|---------------------------|
| 08h30 -10h00 | Breakfast at In Abundance |
| 10h00 -10h30 | Check out & departure |

Please note:

You are invited to browse Sophia's pop-up shop on site throughout the weekend and select your purchases. Cash and credit card facilities available.